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Pamela is a Clinical Nurse Specialist (CNS) in the Cardiovascular Surgery Progressive Care Unit at The Johns Hopkins Hospital. With 16 years of nursing experience and 10 years as a CNS, she holds both a Master of Public Health and a Master of Science in Nursing from East Carolina University.

Pamela co-chairs The Johns Hopkins Hospital System CNS Council, where she has been working towards prescriptive authority implementation within the healthcare system. As the President of the Maryland Association of Clinical Nurse Specialists (MACNS), she testified at the Maryland legislature to ensure the favorable passing of the bill granting prescriptive authority to CNSs in Maryland. She also collaborates with other nursing leaders to advocate for nursing practice throughout the state.

Nationally, Pamela is actively engaged with the American Association of Critical Care Nurses (AACN). She has contributed as an item writer and reviewer for the cardiac surgery certification exam and has served on the cardiac surgery certification practice analysis task force and the acute care CNS scope and standards task force. Additionally, she was a member of the 2022 NTI program planning committee, the 2023 nominating committee, and has been a Beacon Reviewer since 2020. Pamela is a past board member of the National Association of Clinical Nurse Specialists (NACNS) and was honored as the 2024 NACNS Clinical Nurse Specialist of the Year and the 2024 National APP Week Emerging Leader. In 2025, she was inducted into the CNS Institute Fellowship.